Join us for a

Celebration 5k Race

for our Glen Forest Eagle Runners!

**When**: Saturday, December 3rd

**Time**: Registration starts at 9:00am; Race *starts* at **10:00am**

**Where**: Glen Forest Elementary School

**Who**: All Glen Forest students and families

**Glen Forest Eagle Running Club** is a before school running club that develops leadership, builds confidence, and enhances character through fitness and peer-relationships. Second, Third, Fourth and Fifth graders have been training for this 5k (3.1mile) race once a week since September.

Here are two ways you can help our runners celebrate:

1. **Join the race:** For $1 per runner, sign up to run the 5k race with the Eagle Runners! It is a 3.1 mile course through our community. Make it a whole family event! All runners 16 and younger MUST run/walk with an adult. Register below.
2. **Can’t run?** No problem! Come and cheer on each runner! Bring your poms-poms and noise makers to show how proud we are of our runners!

We encourage the entire community to join us for music, food trucks and some exercise!

**Glen Forest Celebration 5k Race Registration**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The cost per runner is $1.00. Total # of runners: \_\_\_\_\_\_\_\_\_\_\_\_ Total cost: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Any runner under 16 years old MUST be accompanied by an adult. No exceptions.

By signing below, I understand the physical risks with running and completing a 5K race for all runners participating in my group.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cash or checks can be made out to the Glen Forest PTO. Please return to your child’s teacher.